

Combat Sports Authority of Maine

Fighters Packet

(includes forms needed for Licensing, Medicals, etc...)

P.O. Box 10525
Portland, ME 04104
(207) 712-6615
fax(207)482-0965



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FIGHTERS CHECKLIST

***** PLEASE USE CSAM FORMS *****

- 1) Complete Online Competitors License App & pay fee
(<https://www.mainecombatsports.com/csam-forms/> select Competitors Application)
- 2) Have your Corners complete Online Non-competitors License App & pay fee
(<https://www.mainecombatsports.com/csam-forms/> select Non-Competitors Application)
- 3) Complete National ID App. (If you do not already have a National ID card) and email to "combatsportsmaine@yahoo.com and include in subject line your NAME & ID APP
- 4) Complete Physical Exam Report (Dr. must check off the he/she cleared you to fight)*** **
return to Promoter before Weigh-ins
- 5) Eye Exam Results (must be with Dilated Pupil Exam) ***
*** return to Promoter before Weigh-ins
- 6) Blood Work Results**
 - a. HIV Exam ** (Must be negative)
 - b. Hepatitis B Exam **
 - i. Hepatitis B Surface Antigen Test (HBsAg) must be negative
 - c. Hepatitis C Exam **
 - i. Anti HCV Test Must be negative*** return to Promoter before Weigh-ins
- 7) Woman - Negative Pregnancy Test (administered at weigh-ins)

** Copy of the actual Lab Report for blood work must be provided. No other documentation will be accepted. Blood must have been tested within the past 180 days. No exceptions will be made.

***Within the past 12 months

Physical Examination Report

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Name	Date of birth	Phone Number
Address (street)	City	State Zip

Contestant's Medical History: (Has the applicant ever had any of the following conditions)

- | | | | | |
|--|---|---|---|--------------------------------------|
| ☐ Fainting spells | ☐ Rupture | ☐ Chest pains | ☐ Diabetes | ☐ Operations |
| ☐ Shortness of breath | ☐ Swollen joints | ☐ Chronic cough | ☐ Rheumatism | ☐ Convulsions |
| ☐ Bleeding disorder | ☐ Frequent headaches | ☐ Spitting blood | ☐ Cerebral hemorrhage or any other serious head injury | |

Physical Examination:

Pulse at rest	Blood pressure at rest
Pulse after 100 hops	Blood pressure after 100 hops
Heart: Pulse Rhythm ☐ Regular ☐ Irregular	Apical Impulse ☐ Heavy ☐ Normal
Enlargement ☐ Yes ☐ No	Murmurs ☐ Yes ☐ No
Lungs: Rales ☐ Yes ☐ No	Breasts: Mass ☐ Yes ☐ No
Abdomen: Enlargement of liver ☐ Yes ☐ No	Tenderness ☐ Yes ☐ No
Hernia ☐ Yes ☐ No	Discharge ☐ Yes ☐ No
Testicles: Normal ☐ Yes ☐ No	Remarks:
Reflexes: Pupils	Remarks:
Knee jerks	Romberg
	Babinski

Remarks for specified medical clearances:

EXAMING PHYSICIAN: Physician MUST check one of the boxes below, sign and fill in contact info:

Please check one: I HAVE ☒ I HAVE NOT ☐ Medically cleared this fighter and verified their identification. (Photo ID, Passport or Birth Certificate)

Licensed Physicians Name and License Number (please print clearly)	Physicians phone number
Physicians Signature	Date

Applicant:

*I declare under penalty under the laws of the State of Maine that the foregoing information is true and correct; further I realize that any intentional misrepresentation may result in disciplinary action against my license

*I hereby AUTHORIZE the Combat Sports Authority of Maine and/or any physician employed by the Authority to RELEASE any and all medical information and/or personal information with respect to my status and licensure as a participating athlete which may contain any of the Authority's records.

*I further authorize the Combat Sports Authority of Maine to RELEASE this information to any person whom the Authority determines has a need to know. I AGREE that I will fully cooperate with the Authority in making my medical history available including but not limited to giving oral or written reports to the Authority regarding my medical condition, care, and/or treatment.

*I further RELEASE, PROMISE TO HOLD HARMLESS, AND COVENANT NOT TO SUE the Authority or any representative of the Authority on the basis of its attempts to obtain any of the foregoing information, and I further RELEASE, PROMISE TO HOLD HARMLESS, AND COVENANT NOT TO SUE any persons, firms, institutions or agencies providing such information to representatives of the Combat Sports Authority of Maine on the basis of its disclosures. I have signed this release voluntarily and of my own free will.

Signature of applicant	Date
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OPHTHALMOLOGICAL EYE EXAM

Combat Sports Authority of Maine

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Ph. (207) 712-6615
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TO BE PERFORMED WITH DILATION AND BY AN OPHTHALMOLOGIST or OPTOMETRIST

NAME: Last	First	Middle)	Ring Name	Date of Birth	Age
ADDRESS: Street			City	State	Zip Code
					Last 4 of SSN

HISTORY: - HAS APPLICANT HAD ANY OF THE FOLLOWING CONDITIONS:

- (1) Blurred Vision? ☐ YES ☐ NO
- (2) Surgical Procedures done to either of their eyes or the tissue around the eyes other than simple sutures of the skin around the eyes?
☐ YES ☐ NO
- (3) Has applicant ever been informed by any physician that they had significant eye problems such as retinal detachment, retinal tear, primary or secondary glaucoma, aphakia, pseudophakia, dislocated lens, or cataract? ☐ YES ☐ NO
- If YES, please explain _____

- (4) Eye Disease? ☐ YES ☐ NO

List Nature of Disease: _____

- (5) Eye Injury? ☐ YES ☐ NO

List Nature of Injury: _____

- (6) Detached retina surgery on either eye? ☐ YES ☐ NO

List which eye and where and when surgery was performed: _____

EXAMINATION:

VISION: Without With glasses

Right _____
Left _____

REFRACTION: If either eye is 20/40 or worse

Right _____ Sph _____ Cyl x _____ Acuity _____
Left _____ Sph _____ Cyl x _____ Acuity _____

REMARKS:

Intraocular Tension	Right	Left	mmHG
			mmHG
Motility	Normal	Abnormal	
Binocular Vision	Normal	Abnormal	

SLIT LAMP EXAM	NORMAL		ABNORMAL		SPECIFY ABNORMALITIES
	Right	Left	Right	Left	
Conjunctive Cornea					
Iris/Pupil					
Lens					
Eyelids					

INDIRECT OPHTHALMOSCOPY WITH SCLERAL DEPRESSION (Dilated pupil)

	NORMAL		ABNORMAL		SPECIFY ABNORMALITIES
	Right	Left	Right	Left	
Disc					
Macula					
Vessels					
Peripheral Retina					

OPHTHALMOLOGICAL EYE EXAM

(cont)

PHYSICIAN'S REMARKS: _____

The Combat Sports Authority of Maine shall deny, suspend, revoke or place restrictions on the license of any applicant applying for a professional or amateur license to participate in mixed martial arts events regulated by the Combat Sports Authority of Maine, because of any medical or visual condition, including but not limited to the following:

- (1) Uncorrected visual acuity of less than 20/200 in either eye or 20/60 with both eyes.
- (2) Corrected visual acuity of less than 20/60 in either eye, regardless of its cause.
- (3) A visual field of 60 degrees or less extending over one or more quadrants of the visual field.
- (4) Presence or history of retinal detachment or retinal tear unless treated by an ophthalmologist and then approved by an Ophthalmologist specified by the Combat Sports Authority of Maine who then assess that the applicant is at no significant risk of further injury to the retina if participation in any of the sports regulated by the Combat Sports Authority of Maine. Such assessment shall occur both within 5 days before and 5 days after any contest.
- (5) Presence of primary or secondary glaucoma, whether or not such condition has been treated.
- (6) Presence of aphakia, pseudophakia, dislocated lens or cataract in either eye.
- (7) Any other visual condition which the Combat Sports Authority of Maine determines would prevent the applicant or licensee from safely participating in any of the sports regulated by the Combat Sports Authority of Maine.

The examining physician is requested to mail a copy of any report, directly to the Combat Sports Authority of Maine of any applicant that has a condition that may preclude them from being licensed.

PHYSICIAN:

I have verified applicants identification (Photo ID, Passport or Birth Certificate) and I have read the above criteria and in accordance with the vision requirements as stated therein, have examined the applicant named on page 1 of this eye examination form and

I ☐ DO NOT FIND ☐ DO FIND a condition that would preclude them from being licensed to participate in mixed martial arts competitions.

Licensed Physician's name (please print)

Physician's license number

Physician's signature

()
Phone Number

Date

APPLICANT:

I declare under penalty of perjury under the laws of the state of Maine that the foregoing information is true and correct, further I realize that any intentional misrepresentation may result in disciplinary action against my license.

I hereby AUTHORIZE the Combat Sports Authority of Maine (CSAM) and or any physician authorized by the Combat Sports Authority of Maine to RELEASE any and all medical information and/or personal information with respect to my status and licensure as a professional athlete which may contain any of the CSAM's records. I further authorize the CSAM to RELEASE this information to any person whom the CSAM determines has a need to know. I AGREE that I will fully cooperate with the CSAM in making my medical history available including but not limited to giving oral or written reports to the CSAM regarding my medical condition, care, and/or treatment.

I further RELEASE, PROMISE TO HOLD HARMLESS, AND COVENANT NOT TO SUE the CSAM or any representative of the CSAM on the basis of its attempts to obtain any of the foregoing information, and I further RELEASE, PROMISE TO HOLD HARMLESS, AND COVENANT NOT TO SUE any persons, firms, institutions or agencies providing such information to representatives of the Combat Sports Authority of Maine on the basis of its disclosures. I have signed the release voluntarily and of my own free will.

I further agree that a photographic copy of this AUTHORIZATION shall be valid as the original.

Applicant Name (Print)

Applicant Signature

Date